

**JBFSale Tulsa Sale Meal Schedule** (See desert instructions on 2nd page also)\* Email [shelly@jbfsale.com](mailto:shelly@jbfsale.com) for your barter sheet.

<p>Mon/Tues 2/19 &amp; 2/20 Lunches: Pizza location of your choice (5 large pizzas and a 2liter drink) You may deliver it (or have delivered) *</p>	<p>Wednesday 2/21</p> <p>Lunch: <a href="#">Baked Ham Sandwiches</a> <a href="#">Fiesta Rice Salad</a> <a href="#">Easy Fruit Salad</a></p> <p>Dinner: <a href="#">Maple Glazed Pork Medallions</a> Seasoned Broccoli <a href="#">Parsley New Potatoes</a> French Bread</p>	<p>Thursday 2/22</p> <p>Lunch: <a href="#">Taco Salad</a> Chips Salsa <a href="#">Guacamole</a></p> <p>Dinner: <a href="#">Chicken Cordon Bleu Casserole</a> Vegetable Medley <a href="#">Spinach Salad</a> Rolls</p>	<p>Friday 2/23</p> <p>Lunch: <a href="#">Drip Beef Sandwich</a> peas &amp; Carrots Garden Salad</p> <p>Dinner: <a href="#">Chicken Teriyaki</a> Brown Rice <a href="#">Asian Vegetables</a></p>	<p>Saturday 2/24</p> <p>Lunch: <a href="#">Sour Cream Noodle Bake</a> <a href="#">Side Salad</a></p> <p>Dinner: <a href="#">Ranch King Chicken</a> <a href="#">Pretzel Salad</a> <a href="#">Green Beans</a> Garlic Toast</p>	<p>Sunday 2/25</p> <p>Lunch: <a href="#">Chicken Florentine Skillet</a> Veggie Tray <a href="#">Fruit Salad</a></p> <p>Dinner: <a href="#">Sunday Pot Roast</a> <a href="#">Waldorf Salad</a> Dinner Rolls</p>	<p>Monday 2/26</p> <p>Lunch: <a href="#">Chicken Chop Salad</a> Garlic Bread Sticks Gallon Sweet Tea</p> <p>Dinner: <a href="#">Mini Meatloaves</a> <a href="#">Garlic Mashed Potatoes</a> Broccoli Cauliflower</p>
<p><u>*We are located in the midway area, north of River Spirit Expo in the Exchange Ctr. Bld. GPS address is 4149 East 21st Street Tulsa, OK 74112 East end of building.</u></p>	<p>Tuesday 2/27</p> <p>Lunch: <a href="#">Chicken Tortilla Soup</a> <a href="#">Southwest Salad</a> Tortilla Chips and Salsa</p> <p>Dinner: <a href="#">Baked Pesto and CheeseTortellini</a> <a href="#">Italian Green Beans</a> <a href="#">Caesar Salad</a> Garlic Bread</p>	<p>Wednesday 2/28</p> <p>Lunch: <a href="#">Hawaiian Pork Rice Bowl</a> Cheese bread</p> <p>Dinner: <a href="#">Comfort Meatballs</a> <a href="#">Buttered Noodles</a> Mixed Vegetables Crescent Rolls</p>	<p>Thursday 3/1</p> <p>Lunch: <a href="#">Chicken Tortellini</a> <a href="#">Italian Salad</a> Garlic Bread</p> <p>Dinner: <a href="#">Beef Enchiladas</a> <a href="#">Mexican Rice</a> <a href="#">Black Beans</a> Chips &amp; Salsa</p>	<p>Friday 3/2</p> <p>Lunch: <a href="#">Sloppy Joe Pot Pie</a> <a href="#">Napa Cabbage Salad</a> <a href="#">Cherry Coke Salad</a></p> <p>Dinner: <a href="#">Mini Meatloaves</a> <a href="#">Garlic Mashed Potatoes</a> Broccoli Cauliflower</p>	<p>Saturday 3/3</p> <p>Lunch: <a href="#">Chicken Tetrazzini</a> Green Beans <a href="#">Mandarin Salad</a> Garlic Bread</p> <p>Dinner: <a href="#">Beef Tacos</a> Refried Beans Spanish Rice Chips &amp; Guacamole</p>	<p>Sunday 3/3</p> <p>Lunch: <a href="#">Barbecue Beef</a> Buns Baby Carrots Ranch dip <a href="#">Pasta Salad</a></p> <p>Dinner: Pizza location of your choice 5 large pizzas and a 2liter drink. You may deliver it (or have delivered)*</p>

\*Keep In Mind:

- Desserts are required** and feel free to bring whatever you want in the dessert category. Cookies, brownies, sheet cakes, banana pudding, eclair cake, pies, lemon bars, rice crispy treats, carrot cake, no bake cookies are all great things to bring.

- You are welcome to prepare your favorite “home run” meal. IT MUST BE SUBMITTED AND APPROVED to [Shelly](#) before you bring the dish.
- **You are preparing this meal for as many as 20 people not a family of 4. Most recipes will need to be doubled maybe tripled.**
- Clearly marking your Crock Pots or other dishes you need returned is very helpful. We will do our best to keep track of things, but we don't babysit crock pots. Any items left at the end of the sale will be placed in our Lost & Found area for you to claim them if you have not already picked them back up. Any items left after 8pm on Sunday breakdown night will be donated to our charity.
- You need to have the food delivered at 11am if you are bringing lunch and 4:30p if you are bringing dinner.
  - IT IS VERY IMPORTANT THAT YOU ARE ON TIME IF NOT A LITTLE EARLY.
  - We don't have a way to keep food held at the proper temperature or reheat to the proper temperature, bringing the meal at the announced time is best.
  - If you are running late you will need to text Daven (918-902-7489) to let her know so she can tell the staff and to make arrangements.
- There are links to recipes for each of the “blue” menu items. They are quick, easy, and trustworthy. If you have a trusted recipe that you are comfortable making for the selected menu item, please feel free to check with Shelly by email at [shelly@jbfsale.com](mailto:shelly@jbfsale.com) for approval.